

WATCH YOUR LANGUAGEI (WIN AT LIFE)

Be. Do. Have.

This is the order in which all things come to us.

Society has taught us to have, be, do.

But spiritual truth teaches us we ARE already there!

If we ARE love, we ARE also infallibly and by nature:

- -Worthy
- -Deserving
- -Abundant

And the list goes on.

So while we are these things by design, our experience in this life has conditioned us to BE something else. Our BEING comes from our beliefs.

Most often, we mistakenly believe we must HAVE money to BE successful. We must HAVE a relationship to BE loved.

See the pattern?

This worksheet is to help you take your rightful place in mind, spirit and body so you can BE what you are to DO what you deserve, so you can HAVE what you want.

Cool, right? Let's go.

Write down in your journal all the thoughts that come to you when you hear the following phrases:

- 1. "I want to HAVE A ..."
- 2. "I HAVE TO ..."
- 3. "I NEED..."

Next, replace those phrases accordingly:

Instead of "I want to HAVE A", write down what you actually receive from that which you want to have. For example, "I want to have a relationship." becomes "I deserve to share my life with someone and accomplish my dreams with the one I love and give all the love inside me to the person who wants the same things I do." or "I want to go through hardships with someone who loves me and is committed to me and our growth as a couple."

"I want to have more clients" becomes "I want to go through what it takes to attract more clients"

(We must understand what is required to have what we want in the first place)

- 2. Instead of "I HAVE TO" --- "I have to go to work..."I get to go to work" or "I deserve to go to work" or "I am blessed to be able to go to work."
- 3. Instead of "I NEED..." --- "I need \$5,000 to pay my medical bills" becomes "I am thankful for th \$5,000 I will receive to pay my medical bills." or "I need to get a new job" becomes "I get to choose somewhere else to work.."

Rephrase these 3 terms as often as necessary to help you feel the emotions that will give you a new life as you become all you already are to do what you deserve, so you can have all you want.

Did this cheat sheet help you? Be rewarded for telling the truth here.